

# February 2024

# Ina A. Colen Breakfast

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

## Did you know?

Groundhog Day, celebrated on February 2nd, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last another six weeks. If there was no shadow, spring would come early.

**5**  
Breakfast Donut

**6**  
Sausage Biscuit Tater Tots

**7**  
Strawberry Yogurt Parfait

**8**  
Scrambled Eggs w/Biscuit

**9**  
French Toast Sticks w/Syrup

**12**  
Apple Cinnamon Muffin

**13**  
Pancake Sausage Stick w/Syrup

**14**  
Blueberry Yogurt Parfait  
Happy Valentine's Day!

**15**  
Bacon, egg, cheese wrap Hashbrown Patty

**16**  
Eggo Waffles w/Syrup

**19**  
Breakfast Donut

**20**  
French Toast Sticks w/Syrup

**21**  
Strawberry Yogurt Parfait

**22**  
Sausage and egg Sandwich

**23**  
Bacon, egg, and cheese bagel topper Tater Tots

**26**  
Apple Cinnamon Muffin

**27**  
Bacon, egg, cheese wrap Hashbrown Patty

**28**  
Blueberry Yogurt Parfait

**29**  
Pancake Sausage Stick w/Syrup

**1**  
Mini Wildberry Waffles

**2**  
Bacon, egg, and cheese bagel topper Tater Tots

Cereal and Pop Tarts are available daily

Choice of fresh fruit or fruit juice are available daily

Choice of Fat Free Chocolate or 1% White Milk available daily