

October 2025

Ina A. Colen Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

6
Cheese Omelet
w/ Biscuit
Fresh Fruit

7
Chocolate Crescent
Fresh Fruit

8
Egg, sausage
Biscuit
Fresh Fruit

9
Egg, Cheese,
Bacon Wrap
Fresh Fruit

10
Cinnamon Toast
Crunch French
Toast Minis
Fresh Fruit

13
Strawberry
Yogurt Parfait
Cup
Fresh Fruit

14
Egg, Bacon,
Cheese Sandwich
Fresh Fruit

15
Eggstravaganza
w/ Hashbrown
Fresh Fruit

16
French Toast
Sticks
Fresh Fruit

17
NO SCHOOL

20
Apple Fritter
Fresh Fruit

21
Chicken Biscuit
Fresh Fruit

22
Mini Maple
Pancakes
Fresh Fruit

23
Sausage Biscuit
Fresh Fruit

24
Warm Banana
Bread
Fresh Fruit

27
Confetti Pancake
minis
Fresh Fruit

28
Egg, Cheese
Omelet W/ Biscuit
Fresh Fruit

29
Strawberry
Oatmeal
Fresh Fruit

30
Pancake
Sausage Stick
Fresh Fruit

31
Super Donut WG
Fresh Fruit

Available Daily:

Cereal Variety
Pop Tarts 2ct Pack

1% White Milk
FF Chocolate Milk
100% Fruit Juice