

October 2025

Ina A. Colen Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

Orange chicken w/ ⁶
Brown Rice
Glazed carrots
Side Salad
Fresh Fruit

Chicken Lo Mein ⁷
Baked Zucchini
Side Salad
Diced Pears

Beef Nachos ⁸
lettuce/Cheese/Salsa
Black Bean Salad
Side Salad
Pineapple Tidbits

Corn Dog Minis ⁹
Smiley Potatoes
Steamed Broccoli
Veggie Dippers
Mandarin Oranges

Max Pepperoni Pizza ¹⁰
Seasoned Broccoli
Veggie Dipper cup
Frozen Whole Fruit

Popcorn Chicken ¹³
Potato Wedges
Green Beans
Side Salad
Fresh Fruit

Meatball Sub ¹⁴
Glazed Carrots
Veggie Dippers
Fresh Fruit

Mozzarella Max Stix ¹⁵
Seasoned Broccoli
Veggie Dipper
Frozen Sidekicks

BBQ Chicken Thighs ¹⁶
Mashed Potatoes
Glazed Carrots
Side Salad
Diced Peaches

NO SCHOOL ¹⁷

BBQ Pulled Pork ²⁰
Sandwich
Baked Beans
Side Salad
Fresh Fruit

Ham & Cheese Sub ²¹
Baked Lays Chips
Veggie Dippers
Pineapple Tidbits

Macaroni & Cheese ²²
Glazed Carrots
Veggie Dippers
Mandarin Oranges

Hamburger/Cheeseburger ²³
Lettuce/Pickles
French Fries
Steamed Green Beans
Fresh Fruit

Pizza Crunchers ²⁴
Seasoned Broccoli
Veggie Dipper cup
Frozen Whole Fruit

Chicken Salad Wrap ²⁷
Steamed Green Beans
Corn & Edamame Blend
Fresh Fruit

Chicken Sandwich ²⁸
Potato Wedges
Steamed Broccoli
Side Salad
Pineapple Tidbits

Beef Penne Pasta w/ ²⁹
Garlic Breadstick
Baked Zucchini
Side Salad
Diced Pears

Salisbury Steak ³⁰
Mashed Potatoes
Dinner Roll
Glazed Carrots
Veggie Dippers
Mandarin Oranges

Max Pepperoni ³¹
Pizza
Seasoned Broccoli
Veggie Dipper cup
Frozen Whole Fruit

Available Daily:

**Smuckers PB&J
Uncrustable**

**1% White Milk
FF Chocolate Milk
FF Strawberry Milk**