

October 2026

Ina A Colen Academy Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

5
Popcorn Chicken
Smiley Potatoes
Steamed Green Beans
Side Salad
Fruit

6
Hamburger/Cheese
burger
French Fries
Glazed Carrots
Side salad
Fruit

7
Orange Chicken
W/Fried Rice
Steamed Broccoli
Side Salad
Fruit

8
Chicken Nuggets
Potato Wedges
Steamed Corn
Side Salad
Fruit

9
NO SCHOOL

12
NO SCHOOL

13
Chicken Tenders WG
French Fries
Steamed Corn
Side Salad
Fruit

14
Macaroni & Cheese
Steamed Broccoli
Baby Carrots Pack
Fruit

15
Grilled Chicken Sand
Smiley Potatoes
Glazed Carrots
Side Salad
Fruit

16
Cheese/Pepp Pizza
Steamed Broccoli
Baby Carrots Pack
Sidekick Frozen Cup

19
Beef Nachos
Lettuce/Cheese
Steamed Corn
Black Bean Salad
Fruit

20
Chicken Alfredo
Garlic Breadstick
Steamed Broccoli
Side Salad
Fruit

21
Mini Corn Dogs WG
Smiley Potatoes
Steamed Broccoli
Side Salad
Fruit

22
Beef Penne Pasta
w/ Garlic Breadstick
Steamed Green Beans
Side Salad
Fruit

23
Pizza Crunchers
Steamed Broccoli
Baby Carrots Pack
Tropics Fruit Slushie

26
Chicken Salad Wrap
Steamed Green Beans
Side Salad
Fruit

27
Macaroni & Cheese
Steamed Broccoli
Baby Carrots Pack
Fruit

28
Ham & Cheese Subs
w/ Baked Lays Chips
Glazed Carrots
Side Salad
Fruit

29
Hot dog
Potato Wedges
Baked Beans
Side Salad
Applesauce Cup

30
Cheese/Pepp Pizza
Steamed Broccoli
Baby Carrots Pack
Whole Fruit Frozen Cup

Available Daily:

PB&J
Uncrustables

Milk Variety:

1% White Milk
FF Chocolate Milk
FF Strawberry Milk

Full Pay \$4.25
Reduced \$0.40

Extras: \$0.65

