

October 2026

Ina A Colen Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

5
Fruit Yogurt Parfait
Fruit

6
Egg Scrambler w/
Biscuit
Fruit

7
Maple Waffle WG
Fruit

8
Sausage Biscuit
Sandwich
Fruit

9
NO SCHOOL

12
NO SCHOOL

13
Peach Smoothie
Fruit

14
Egg, Cheese Wrap
Fruit

15
Super Donut WG
Fruit

16
French Toast Sticks
Fruit

19
Fruit Oatmeal
Fruit

20
Confetti Waffle WG
Fruit

21
Egg, Sausage
Breakfast Pizza Bagel
Fruit

22
Pancake Sausage
Wrap
Fruit

23
Fruit Yogurt Parfait
Fruit

26
Strawberry Smoothie
Fruit

27
Sausage, Egg Biscuit
Sandwich
Fruit

28
Buttermilk Pancakes
WG
Fruit

29
Egg Scrambler w/
Biscuit
Fruit

30
Warm Banana Bread
Fruit

Available Daily:

Cereal Variety
Pop Tarts 2ct Pack

1% White Milk
FF Chocolate Milk
100% Fruit Juice

Full Pay \$2.75
Reduced \$0.30

